

Japan-Korea Joint Symposium in Tokushima

～ The Challenges to prevent smoking hazard in public and work places

Chairman : Kaoru Ashimine M.D

The member of Board Okinawa Society of Child Health, Okinawa, Japan

Koji Hasegawa M.D

Clinical Research Institute, Kyoto Medical Center, National Hospital Organization, Kyoto, Japan

1 Smoking Cessation Treatment Activities in Korea (60min)

Seung-Kwon Myung, M.D.

Smoking Cessation Clinic and Cancer Epidemiology Branch, Research Institute and Hospital, National Cancer Center, Korea

2 Secondhand smoke exposures in indoor public places and work places in Japan (15min)

Hiroshi Yamato, M.D

Department of Health Promotion, University of Occupational and Environmental Health, Kitakyushu, Fukuoka, Japan

3 Total smoking ban in Gifu University (15min)

Mayumi Yamamoto, M.D

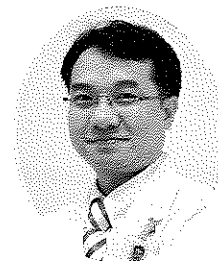
Health Administration Center, Gifu University, Gifu, Japan

Smoking Cessation Treatment Activities in Korea

Seung-Kwon Myung, M.D., Senior Scientist

Smoking Cessation Clinic; Family Medicine Clinic;

Cancer Epidemiology Branch, National Cancer Center, Korea



Abstract

Korea is one of the countries with the highest smoking rate in men. According to the 2004 Surgeon General's Report, it has been known that smoking causes various diseases (e.g., cancer, cardiovascular diseases) and respiratory diseases and has reproductive and other effects. The current presentation includes a brief review of smoking cessation interventions established or being potentially considered so far and the two major smoking cessation programs implemented in Korea, i.e., smoking cessation clinic at the community health center and Quitline service for smoking cessation. In summary, effective interventions smoking cessation include physician's brief advice, behavioral counselling, pharmacotherapy such as NRT, bupropion, varenicline. These interventions are being used at the smoking cessation clinics (esp., family medicine clinic) in the private or public hospitals in Korea. Also, the smoking cessation clinic at the community health centers and the Quitline service are being operated by the Government nationwide. These smoking cessation activities help Korean smokers quit smoking. As of now, insurance does not cover any smoking cessation treatments in Korea. Health insurance should cover the counselling and medications that have been found to be effective.

Curriculum Vitae

NAME: Seung-Kwon Myung

GENDER: Male

TITLE: Dr. (Specialist) ; Senior Scientist

CONTACT

Office: Family Medicine Clinic and Smoking Cessation Clinic, Hospital; Center for Cancer Prevention and Detection, Hospital; Cancer Epidemiology Branch, Research Institute, National Cancer Center

E-mail: msk@ncc.re.kr

Blog: <http://blog.naver.com/drmsk>

Twitter: @Drmyung

PRESENT APPOINTMENT

1. Staff physician and M.D., M.S., Smoking Cessation Clinic and Center for Cancer Prevention and Detection, National Cancer Center Hospital, Republic of Korea
2. Chief, Korean Meta-analysis Study Group (KORMA Study Group)

CAREER HIGHLIGHTS

1. 2008-2009: Visiting Scholar, Center for Family and Community Health, School of Public Health, University of California, Berkeley, Berkeley, California, U.S.
2. 2005: Sub-investigator, Telephone Counselling for Smoking Cessation Project, Ministry of Health & Welfare of Korea
3. 2003-2005: Secretary of the Publication Committee, the Journal of the Korean Academy of Family Medicine, Republic of Korea
4. 2002-2003: President, Myung Seung Kwon Family Medicine Clinic, Republic of Korea
5. 1999-2002: Army Medical Officer, Wonju Military Hospital, Republic of Korea
6. 1996-1999: Clinical Resident, Seoul National University Hospital, Republic of Korea (Board-certified physician in Family Medicine)
7. 1995: Clinical Intern, Seoul National University Hospital, Republic of Korea

ACADEMIC BACKGROUND

1. 2005-2007: Master of Science in Medicine, Preventive Medicine, Graduate school, Seoul National University, Seoul, Republic of Korea
2. 1988-1995: M.D., Seoul National University College of Medicine, Seoul, Republic of Korea

RESEARCH INTERESTS

Smoking Cessation, Cancer Prevention and Diet/Micronutrient, Meta-analysis

PROFESSIONAL AFFILIATIONS / MEMBERSHIP

1. Korean Academy of Family Medicine, Republic of Korea
2. Korean Society for Research on Smoking Cessation, Republic of Korea
3. Korean Society for Health Promotion and Disease Prevention, Republic of Korea

JOURNAL REVIEWER

British Medical Journal, Annals of Internal Medicine, American Journal of Public Health, Cancer Causes and Control, Archives of Internal Medicine

Academic Awards

2009 The Best SCI Impact Factor Award, National Cancer Center, Republic of Korea